





Phoenix Education Day Nursery aims to incorporate outdoor play on a daily basis, throughout the year. However, young children have sensitive skin that can easily be damaged by the sun's UV rays and medical studies have found that sunburn in children can increase the risk of developing skin cancer in later life. Staff and children are encouraged to enjoy the sun safely by following this policy. We emphasise that co-operation between staff and parents/carers is important in achieving sun safety for your child.

Education

- 1. The nursery will ensure that all staff understand the importance of sun protection, that they are good role models and that sun protection is discussed actively with all children.
- 2. The importance of sun safety will be actively incorporated into the children's activities e.g. picture painting and songs etc.
- 3. Parents/carers are informed of the importance of sun safety e.g. through newsletters.

Protection

- 1. Where possible, outdoor activities and events will be scheduled to be held before 11am and after 3pm. Where this is unavoidable, hats, clothing and sunscreen will be used and shady areas chosen for organized activities.
- 2. The nursery will, where possible, provide shaded areas for the children and staff to use e.g. planting of trees and an under cover outdoor play area (gazebo).
- 3. Where possible, play equipment and seating will be moved to more shady areas during summer months.
- 4. Parents/carers are asked to sign a form during the registration process to give their consent to sunscreen being applied to their child.
- 5. Parents/carers are requested to supply sunscreen for their child of factor 15 +. This must be clearly labelled with their child's name. It is the parent's responsibility to ensure that the sunscreen is within its 'use by' date.
- 6. Parents/carers are requested to supply a hat (ideally, wide brimmed) and our staff will actively encourage all children to wear a hat when playing outside from May onwards.
- 7. The nursery has spare nursery hats to give to children who forget their own.